



Northeast Woodland Chartered Public School Medical Protocols for Attending School 2022-2023

*updated 8.30.22 per [CDC guidance](#)

Our procedures and protocols reflect our focus of keeping our students and staff in schools in a healthy environment. In trying to simplify the messaging for our community, the following procedures should be universally taken into consideration for ANY applicable illness not restrictive of COVID-19. We recognize that each scenario is unique and we ask that you please use your best judgment in consideration of all students and staff members.

Notifying the School about Absence:

Please send an email to absences@northeastwoodland.org if your child will be absent from school. For an absence to be an excused absence, we do need you to send a written message detailing the reasons for your child's absence. If you know in advance your child will be absent, please discuss with Mrs. Arnold to clarify whether it will be excused or unexcused.

When to Stay Home:

If students and/or staff display moderate or severe symptoms, (including but not limited to: fever, chills, sore throat, vomiting or diarrhea) they should STAY HOME and monitor their symptoms, while consulting with their primary care physician. It is recommended that individuals be tested for COVID-19. Students and/or staff members may return to school once they are fever-free (off fever-reducing medications) for at least 24 hours and other symptoms are improving. *If COVID-19 is detected, please see protocols below.*

**Free COVID test kits may be requested at White Mountain Community Health Center, whether you are their patient or not.*

What if I test positive for COVID-19?

If an individual tests positive for COVID-19, stay home for at least 5 days and isolate from others in your home. It is recommended to wear a high-quality mask if you must be around others at home and in public during those 5 days.

- If you have NO symptoms and test positive, you can end isolation and return after day 5. We highly recommend wearing a mask for days 6-10**.



- If you HAVE symptoms and test positive, you can come back after day 5 as long as you are fever-free (off fever-reducing medications) for at least 24 hours and other symptoms are improving. We highly recommend wearing a mask for days 6-10**.

What if a Household Contact Tests Positive for COVID-19?

If a family member tests positive for COVID-19, the student and/or staff member is no longer required to quarantine, regardless of vaccination status, as long as they remain symptom free. It is recommended that they be tested 5 days after last known exposure, but it is not required for attending school.

- If you have NO symptoms and/or test negative, you can come to school.
- If you HAVE symptoms and/or test positive, you can come back after 5 days of isolation if you are fever-free (off fever-reducing medications) for at least 24 hours and other symptoms are improving. We highly recommend wearing a mask for days 6-10**.